

BOUNDARIES



Annanya Dutta



DEDICATION PAGE



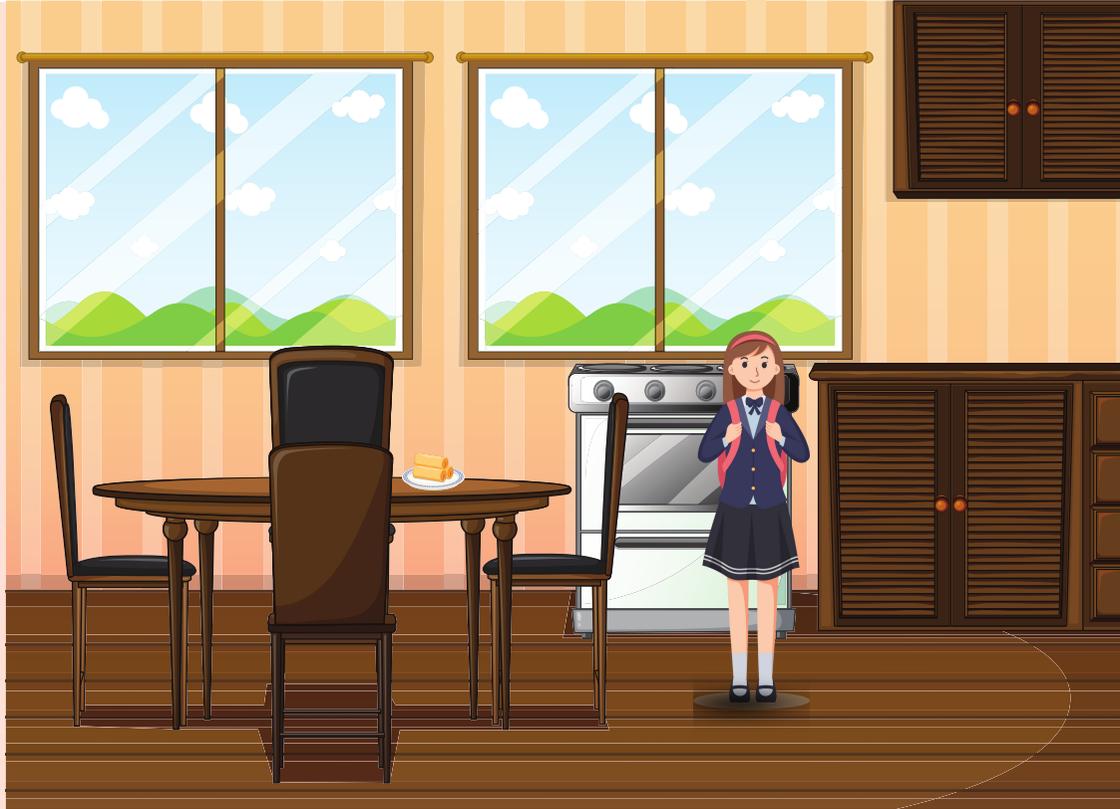
I would like to dedicate this book to my family and friends who were supportive of me throughout the writing process.

The rising light gave the morning sky a pink hue. The early-morning sun gleamed softly on the downtown streets, bringing with it a flurry of activity.



Evelyn was daydreaming once more as she moved out of her school bus today.





It was just another typical day in Evelyn's life. She now followed a daily schedule that included only eating, sleeping, and studying.



Her best friend Anna was the only one who could get her excited about going to school. Except for Anna, she hardly had any friends.



Even though she did well in school, she often found herself spending a lot of time alone with her feelings.



Even after talking to her best friend Anna about it, Evelyn has been attempting to figure out why she keeps getting hurt by everyone in her life.

Why do I get hurt so much?



Why do I get hurt by everyone in my life?
Am I at the fault, somehow?



She soon arrived in the school hallway, where Anna was waiting for her as usual. Somehow, Anna had earned herself a soft spot in Evelyn's heart. They both talked and laughed for a while.



All of a sudden, Evelyn had a devious thought. She discussed her idea with Anna, and Anna consented with the plan as well, despite the uneasy feeling she had about it in the back of her mind.



So, the idea was to prank Stephanie -one of their friends- by exchanging her pen with a leaking one.





The prank was pulled but Stephanie's reaction was something that was not expected by Anna or Evelyn.

Stephanie stormed towards Anna with fury clear in her eyes and said a lot of hurtful words to Evelyn.



Evelyn ran from there while wiping her tears.



Anna followed her and comforted her.

It's okay! Don't get hurt by her words.... And guess what? I finally found the solution to your problem! You need to set your boundaries with people.



Evelyn understood this and started drawing boundaries with people irrespective of their closeness with her.



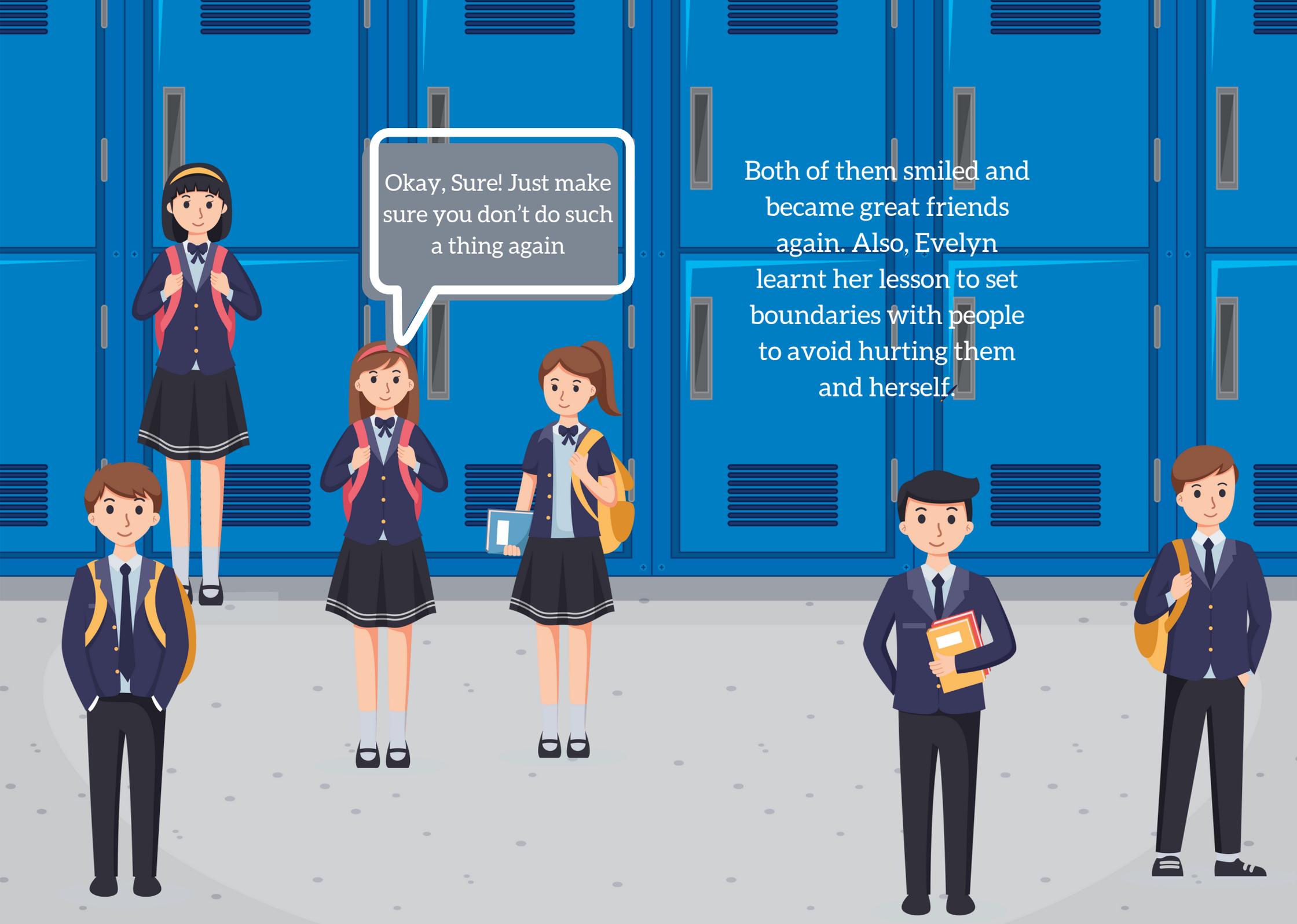
After Evelyn was feeling better, Anna confronted Stephanie and told her to apologise to Evelyn. Stephanie realised her mistake and apologised to Anna.





I am very sorry for the things I said to you. I didn't mean to say any of those words. It's just that my anger took over me and I said those things. I am very sorry. Can we be friends again, please?





Okay, Sure! Just make sure you don't do such a thing again

Both of them smiled and became great friends again. Also, Evelyn learnt her lesson to set boundaries with people to avoid hurting them and herself.

ABOUT THE AUTHOR



My name is Annanya. I am thirteen years old and from India. In my spare time, I like to read books, listen to music and write poems. There are so many problems in the world, and most of them are related to emotions. Therefore, I wanted to write a book that would help people understand the importance of words in one's life. I dream of living in a world in which everyone is happy, content and satisfied with their life.



The book "Boundaries" tells the tale of Evelyn, who discovers the value of setting boundaries with others in order to be respected. She was very emotionally hurt one day by a close friend, and it was at that point that she realised the cause of a lot of problems of her life. See Evelyn's narrative to understand the significance of words. You'll learn one of the most significant life lessons from this book.

